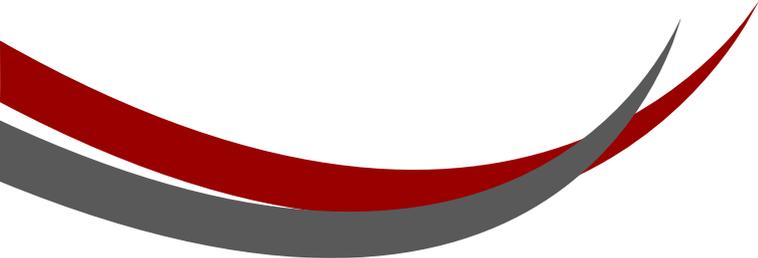


Teaching and Education Portfolio for care homes  
and social care providers:

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## Introduction

The Welsh Wound Innovation Centre (WWIC) has developed and delivered educational courses for a wide variety of staff groups working in the private and social care sector. The educational content provided by WWIC seeks to promote an understanding of skin integrity and aspects of wound care such as prevention, management, and treatment strategies. The provision of structured tailored education sessions can assist health and social care providers to promote standardised practice which supports quality care and clinical governance across your organisational setting.

This educational portfolio identifies comprehensive examples of education and teaching resources that can be individually tailored to the requirements of each setting. Tailored educational units will consider the needs of the organisation to include consideration of the learner and the knowledge and skills that are required to promote and maintain skin integrity of the individuals that are cared for within the learner's day to day working environment.

### **Delivery of the units.**

Sessions can be delivered both virtually or face to face according to local requirements. Face to face sessions will incorporate learning via workbooks and workshops to consolidate knowledge.

To promote access for virtual sessions the suggested vehicle would be Microsoft Teams. Microsoft Teams has an upper limit of 80 people on a video call but our experience suggest that we limit to 20-30 participants to minimize or avoid technical challenges of overloaded bandwidth, thereby promoting a better learning experience. To prevent 'videocall fatigue' it is suggested that each session is no longer than an hour in duration. The number of sessions delivered to capture all staff members is negotiable and flexible and will correspond to the requirements of the commissioning health or social care provider.

### **Educational unit suggested:**

These sessions are suggested titles only and units can be selected according to specific educational requirements.

- Pressure ulcer assessment, management, and prevention.
- Maintaining skin integrity including management of frail skin (Prevention of skin tears and Moisture associated dermatitis).
- Wound assessment.
- Dressing selection.

Each session will consist of an hour virtual teaching session via Teams or 1 hour 30 minutes for face to face training. Participants will be provided with an educational work-book to consolidate knowledge.

## **Educational content and learning outcomes.**

### **1. Pressure ulcer assessment, management and prevention.**

#### **Aim of session:**

To enable the learner to identify risk factors for developing a pressure ulcer and to understand how to prevent pressure damage in the 'at-risk' client.

#### **Objectives**

- To describe the functions of the skin
- To understand the definition of a pressure ulcer
- To be able to correctly identify the different stages of pressure damage.
- To recognise what risk factors, contribute to the development of a pressure ulcers.
- To identify how pressure damage can be prevented.
- To explain the importance of skin inspection and skin care and how it can impact on skin damage and pressure ulceration
- To be aware of personal limitations if a pressure ulcer develops and how to seek help and guidance.

### **2. Maintaining Skin Integrity including management of frail skin (Prevention of skin tears and Moisture Associated Dermatitis (MASD))**

#### **Aim of the session:**

To assist the learner to recognise the importance of skin health and how to maintain skin integrity in residents who have been identified as having skin frailty.

#### **Objectives:**

- To understand What is meant by skin health.
- To list the functions of the skin and define Anatomy and Physiology of the skin
- To be able to undertake a comprehensive skin assessment.
- To identify how to promote skin health in at risk groups.
- To recognise how to prevent MASD and skin tears using a structured skin care regimen.

### **3. Wound assessment:**

Prior to undertaking this session learners should have completed the Aseptic Non-Touch Technique (ANTT) training module available on Learning @ NHSWALES.

#### **Aim of the session:**

To enable to learner to accurately perform and record a wound assessment.

#### **Objectives:**

- To be able to identify and record appropriately a wound assessment including wound measurement, tissue type within the wound bed, surrounding skin condition.
- To list barriers to wound healing.
- To establish if a wound is progressing or deteriorating.
- To be able to ascertain wound management outcomes and plan care appropriately.

### **4. Dressing selection:**

To enable the learner to select an appropriate evidence-based treatment regimen.

#### **Objectives:**

- To be able to list the properties of different groups of dressings.
- To identify how to select an appropriate wound dressing according to wound care goals identified through wound assessment
- To be able to reassess a wound care plan and modify accordingly as a wound improves or deteriorates.

## Costings:

The cost of delivery is on a per session basis. The number of participants may be between 20 – 30 as indicated in delivery of the sessions. There is no obligation to commit to all 4 suggested educational sessions and provision of sessions is according to the requirements of the commissioning body, as indicated by learning co-ordinators.

The cost includes:

- Development of bespoke educational content.
- Development of workbook
- Enrolment of learners
- Delivery of the session
- Evaluation of session
- Certificate of attendance

Cost of provision will be given on enquiry and subject to individual care provider requirements.

### **Please direct enquires to :**

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