



Celebrating **27 years**  
of the **Leg Club Model!**

# The LegRaiser!

**The Leg Club® movement is a global initiative, designed to care for people suffering from or at risk of chronic leg disease within a social model of care. 'The LegRaiser' is a fundraiser setup to commemorate the 27<sup>th</sup> year of The Leg Club model and to raise much needed funds for The Leg Club Foundation to continue their excellent work.**

## 27km for 27 years

Sam Williams (Trustee – The Leg Club Foundation and Leg Club Industry Partner Representative from Essity) will run 27km on the 27<sup>th</sup> September 2022, starting at Worcester Rugby Club – the home of the Worcester Warriors and The 20<sup>th</sup> Annual Leg Club Conference (which starts on the 28<sup>th</sup> September).

Sam is looking for as many volunteers as possible to run with him on this day and has already convinced a few colleagues to get involved – providing much needed support for the final leg of the run (pun intended!)

If you or anybody you know would like to get involved, please reach out to Sam ASAP!

## Charity Walk

The theme of this year's Leg Club Conference is 'Let's talk Veins: An Uphill Journey', so to continue with that theme, we are also doing a charity walk in the Malvern Hills (not far from Worcester Rugby Club) on the 30<sup>th</sup> September.

For anybody unable to participate in the run on the 27<sup>th</sup> or in the walk on the 30<sup>th</sup>, we would still love for you to participate in The LegRaiser, by walking, running or doing some form of exercise between the 27<sup>th</sup> and 30<sup>th</sup> of September. If you could post any photographs on social media and tag The Leg Club Foundation or send them to [lynn.bullock@legclub.org](mailto:lynn.bullock@legclub.org) that would be much appreciated. Please use the link provided for any donations or fundraising that you would like to do.

**A lofty fundraising target of £5,000 has been set for The LegRaiser, with all funds from the run and the walk going towards the overall total and being donated directly to The Leg Club Foundation.**



Sam

Contact Sam Williams for more information  
or if you would like to get involved.

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